



Santa Barbara Weather: 58.8°F | Humidity: 100% | Pressure: 29.87in (Falling) | Conditions: Rain | Wind Direction: ESE | Wind Speed: 2.8mph [see map]

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Fiesta

Fired Up Fred Food

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March Edness

Music

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Run Race Results SB Film Festival

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Travel

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Veggie of the Week Way Back When

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## Site Statistics

15896 Subscribers 662 Paid (4.2%)

## Today's Numbers

184 Comments 119 Commenters 61986 Page Views

## **Edhat Communities**



VOTED SANTA BARBARA'S BEST WINE SHOP FOR 5 STRAIGHT YEARS!

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Classifieds

Comments

About

2014-11-30 11:24 PM



The Winehound



**Most recent Comments first** | (reverse order)

previous day | next day

MZSB55 (A) (II) (IV) (IV)

**Barking Dog Tips** 

Hands down, without a doubt the ONLY person to call in Santa Barbara for this problem along with any behavioral pet issues is Nicole Flowers! She saved my sanity, fixed the problems we were having with our dog which made it possible for us to even keep him. He was BAD! And the barking uncontrollable. Even with us right next to him. It was beyond stressful. We tried 3 other trainers first which were allIII huge wastes of time. We tried Dioji. Hour walks every morning & again at night. Chew toys. Even sadly tried a bark collar!! Still no help. We were considering debarking which wasn't something we were comfortable doing but we were left with no other option except getting rid of him

which we didn't want to do at all. Someone told us about her. And how she has trained a bunch of different animals like birds, dogs, cats & pigs, all rescue, to do a show on stage, all together, at Sea World. That was so impressive to us we wanted to give it one more try. Not only did she get the job done but she couldn't have been sweeter plus she charged less than the other trainers we tried and our dog LOVED her. The one trainer who owns Loose Pooch literally wanted to bash our poor dog over the head with a rolled up magazine he had covered in black tape every time he barked or even looked in the wrong direction during his training session. Not ok with is. Plus he was rude and beyond expensive. I can't believe I spaced the name of Nicole's business but I still have her number in my phone. Try looking her up to I know she has a website but I don't know what that's called either. Nicole Flowers 805-263-7877

read complete comment thread

ZROJO A H O O

Goleta Valley Beautiful

2014-11-30 11:04 PM

Thank you for recognizing GVB as the Edhat non-profit of the week. Our organization is continually evolving as well as growing and we are focusing on the "sustainability" of local landscapes as well as eye appeal. visit us online or in the field.Like gardens and all growing things, we appreciate some "watering" and "feeding" by those who contribute time & funds to the various GVB projects around town.

read complete comment thread

THE BARRON (A) (B) (O)

**Point Conception** 

2014-11-30 10:22 PM

Nice shots, especially of the crashing waves

read complete comment thread

COMMENT 573289P (1) (1) (0) Gluten-free Oatmeal

2014-11-30 09:25 PM

Thanks for your input, EDHATBARBARA. I, too, have found that diet helps a lot in preventing joint pain.

It is admirable when people use diet to clear health problems, rather than go to the doctor for pharmaceuticals that only treat/alleviate the symptom but do not fix the problem. It also means fewer people clogging doctors' offices, and is cheaper on personal budgets.

And that is why I agree with 3287. I bet those who are ridiculing gluten-free products are probably young and healthy and have not experienced any health issues. Try not to judge others unless you have walked a 100 miles in their shoes.

Some I have known have had hip and knee replacements, which in many instances could probably have been prevented with a lifetime of eating properly. Why is joint replacement so common now? How on earth did our great-grandparents manage?

read complete comment thread

COMMENT 573288 (A) (B) (A) (O) thank you brother

Medical Emergency

2014-11-30 08:50 PM

read complete comment thread

COMMENT 573287 (A) (II) (II) (II)

Gluten-free Oatmeal

2014-11-30 08:44 PM

This is quite sad that people are attacking the poster of this topic. S/he said they want to make gluten free baked good for their friends! Which obvs means, she most likely doesn't have celiac's disease, and is LEARNING about it...and is being considerate of her peers!

Why are you guys so hateful?! When did it turn to politics?

A simple question, should bring a simple answer. Not full of hatred and finger pointing.

And to answer your question:

Oatmeal does not contain gluten, and as some others have explained, the machinery used to process the oats may contain gluten from previous products. Read the back of the label, they will state whether or not they've processed the oats in a factory in which it contains gluten. Same as when they advertise that their items may contain peanuts wheat or dairy because it was processed in the same facility. It's just a warning, but, one to not take lightly.

read complete comment thread

EDHATBARBARA A H O O

Gluten-free Oatmeal

2014-11-30 08:34 PM

I don't have celiac disease, but have discovered that eating a gluten free diet helps greatly to reduce the swelling in my joints and reduces the arthritis pain in my hands, feet, knees and elbows. I don't know whether that's because of how grains have been developed in our country over time, I just know that it works for me, so I've taken to eating gluten free.

While oats are naturally gluten free, I find that wheat has been added in many instances as a filler, thus making many oatmeals NOT gluten free. For example, when I asked at a Starbucks recently, I was told that their instant oatmeal isn't gluten free. So asking IS important.

I've also taken to reading the ingredients on the boxes, only to find that wheat is an insidious additive to many things I didn't expect to find it in (why add wheat to soy sauce, for example?) -- so reading what's in it has become my pastime.

For the naysayers, all I can say is: walk a mile in my shoes or write with a pen with my hands and then you'd see that being gluten free makes a difference to me.

read complete comment thread

COMMENT 573285 (A) (1) (0) (0)

Gluten-free Oatmeal

2014-11-30 07:26 PM

The January issue of Consumer Reports has a good overview of the Gluten controversy.

www.consumerreports.org/cro/magazine/2015/01/will-a-gluten-free-diet-really-make-youhealthier/index.htm

read complete comment thread

COMMENT 573284 (A) (B) (O)

Here Comes The Rain...

2014-11-30 07:10 PM

Superb photo - keep at it because you have talent.

read complete comment thread

COMMENT 573283 (A) (B) (A) (O)

Fire In Isla Vista

2014-11-30 06:56 PM

Those krazy kids and their hijinks!

read complete comment thread

COMMENT 573282 (A) (1) (0) (0)

Gluten-free Oatmeal

2014-11-30 06:52 PM

Gluten=dark matter and binds my universe.

read complete comment thread

COMMENT 573281 (A) (II) (IV)

Sunday Surf

2014-11-30 06:51 PM

You were right about the wind at least!

read complete comment thread

COMMENT 573280 (A) (B) (D) (O)

Gluten-free Oatmeal

2014-11-30 06:32 PM

The brand CHEX (as in CHEX cereal) just came out with a gluten free oatmeal it's pretty cheap and looks ok.

read complete comment thread

REX OF SB (A) (B) (O)

Lockable Curbside Mailboxes?

PETER: Try and find a USPS mailbox any more! They used to be all over the place. Besides the ones located in front of post offices, the only USPS mailbox I know of is in front of cottage Hospital

on Bath Street

read complete comment thread

ROGER DODGER A H N O

Medical Emergency

2014-11-30 06:17 PM

It was a woman she was 54 years old earlier in the day she had been involved in a biycle accident and went to Cottage they wanted to keep her there and she left. Wanting to go back to her friends so her death might possibly be the result of a bicycle accident...

read complete comment thread

COMMENT 573276 (A) (B) (O)

Thanksgiving Thoughts

2014-11-30 06:07 PM

Thanks for another great poem. Ron

read complete comment thread

COMMENT 573275 (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 05:54 PM

For many years my sister has had "popular" diseases and disorders. She's a nut indeed and all of us who love her don't want her to change. There is no reason to go gluten free - it's a joke on those like my sister (the nut). SB is filled with people who can afford to have the disease du jour and that is not going to change since so many ten-to-twenty %s live here. "Organic" is a myth.

read complete comment thread

COMMENT 573274 (A) (B) (O)

Point Conception

2014-11-30 05:23 PM

These are terrific photos of Pt. Conception and the lighthouse. I recently had the rare opportunity to visit the lighthouse. Locals should know that as of September of last year, the beautiful 1st Order Fresnel lens from that lighthouse found a home at Santa Barbara Maritime Museum on the harbor. It is impressive and worth a visit.

Thanks again, John.

read complete comment thread

COMMENT 573272P (A) (B) (O)

Lockable Curbside Mailboxes?

2014-11-30 05:10 PM

Costco has a large-capacity locked mailbox online (no shipping charges). You don't need a key to open it; you preset a combination. http://www.costco.com/ETL-SecureLogic-Mail-Vault.product.11769026.html

It's not suitable for packages. Don't know how you'd deal with those -- perhaps have everything delivered to work or to someone who is always home.

And I wouldn't leave outgoing mail at this mailbox to be picked up by the mail carrier. In addition to the scarce postal drop boxes, secure drop-off points are the "gang-boxes" at residential complexes and office buildings.

read complete comment thread

COMMENT 573271 A H 0 0

Historic Christmas Trees on State

2014-11-30 05:10 PM

Rex - The H.T. Bennett Music Co., 800 block State next to Thrifty's sponsored the Bennett's Crusaders Boys Military Band. I believe Bonnie Langley was in charge of this band & assisted in marching/drill training by Tom Pertsulakes. The band practiced in the basement of the music store and their marching was practiced in the rear parking lot. As I recall this band won many parade awards. Credits were earned by band members for attendance at practices, rehearsals and public events. A specific amount of credits were required for a member to be promoted (similar to military rank) within the band.

Bonnie subsequently left Bennett's & opened her own music store in the 700 block State. The rear entrance was via DeLaGuerra Plaza. Bonnie started Bonnie's Caballero's Marching Band. The Caballero's Band was usually led by two members marching in front of the band playing extra long trumpets similar to the instrument used by race horse trumpeters.

read complete comment thread

COMMENT 573270P (A) (B) (A) (O)

Gluten-free Oatmeal

2014-11-30 05:05 PM

264 - in my shopping, I rarely come across gluten-free products, hence if it is a marketing ploy, they must not be making very much money.

I thought that what capitalism was about - find a place to make money, make it. Lots of people have bought junk products from just about any sector. It is their money - they can spend it how they like.

How much junk have you bought?

read complete comment thread

COMMENT 573269P (A) (B) (A) (O)

Fire In Isla Vista

2014-11-30 05:01 PM

212 - "first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye.'

read complete comment thread

COMMENT 573268P (A) (B) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 04:35 PM

Thank you for calling! I may be "copping" out, but was going to leave the call up to a member or Ed to make, thus I checked back. If their offer is in conjunction with this one, it would be nice to see that noted in the press release. Thanks to K-9 Services! 247

read complete comment thread

COMMENT 573267 🙆 🗓 🕦 🧿

Here Comes The Rain...

2014-11-30 04:07 PM

Amazing pic!

read complete comment thread

COMMENT 573266 (A) (B) (D) (O)

Gluten-free Oatmeal

2014-11-30 04:05 PM

Many times oatmeal is processed in the same facilities as wheat products and those with serious intestinal irritations from gluten will be effected by trace amounts. Gluten free oatmeal is a real product.

read complete comment thread

COMMENT 573265P (A) (B) (O)

Barking Dog Tips

2014-11-30 03:50 PM

Unfortunately, she has been doing this for so many years - and it is a self-reinforcing behavior, that it will be very difficult to impossible to extinguish. You will need to spend MUCH more time with this dog. It is BORED. She should definitely not be left outside when you're not home. You need to give this dog LOTS of direction. I cannot write the many processes you need to employ in this short space. This dog should be with someone all day who can give her direction and reinforcement for correct behaviors, including quiet crating and quiet "bed" behaviors. You need an \*experienced\* positive reinforcement trainer and the willingness and ability to make big changes in her life.

read complete comment thread

COMMENT 573263 (A) (B) (Q) (O)

Cartoon Funnies

2014-11-30 03:40 PM

We really like his sense of humor!!

read complete comment thread

COMMENT 573262 4 (1) (1) (0)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 03:31 PM

I just called specialized k9 services & yes as of tomorrow December 1st they are offering free consultation to the first 40 people interested in training instead we should be thanking them for offering thier services to help the community! I'm calling back tomorrow to sign up!

read complete comment thread

COMMENT 573261 (A) (B) (O)

Police Practice

2014-11-30 03:21 PM

572955 - WORD HAS IT THAT you can hear the noise in SOME of the neighborhoods??? So you don't even live in that area? Just going by what you heard huh? EIR, check on it, I believe they did do one. Nice is as defined by me of course... along with the new drag strip they're talking about building! Good for Lompoc!!!

572959P - Water they are pushing on the skid pad is being reclaimed, note the hoses and water running towards the middle of the skid pad...:-) all ya qotta do is ask.

read complete comment thread

BECKY (A) (D) (O)

Point Conception

2014-11-30 03:14 PM

Wow! You getting permission and sharing these photos means lots and lots of us get to see it. Wonderful. Thank you. (but now I really want to hike out there and feel those winds and the sea spray, and watch the breaker roll in.)

read complete comment thread

COMMENT 573259P (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 03:09 PM

What is gluten intolerance? What is celiac disease? Last updated: 7 November 2014

Celiac disease (British: Coeliac disease) is a disorder resulting from an immune reaction to gluten.

Celiac disease can affect genetically predisposed people of all ages, but often begins in middle infancy. Symptoms include chronic diarrhea, weight loss and fatigue, but in some cases the disorder can be asymptomatic (no symptoms).

Celiac disease is caused by a reaction to gliadin - a gluten protein found in wheat, barley, rye, and sometimes oats.

The inflammation and destruction of the inner lining of the small intestine in celiac disease is caused by an allergic reaction to gluten in the diet. This chronic digestive disorder leads to the malabsorption of minerals and nutrients.

According to the Celiac Sprue Association1, there is no cure for celiac disease, the only effective treatment for this disorder is a gluten-free diet.

http://www.medicalnewstoday.com/articles/38085.php

read complete comment thread

\_1\_ 🛭 🖰 🕦 🧿

Point Conception

2014-11-30 03:07 PM

Great shots! Most folks don't realize that this is restricted airspace requiring permission to enter. This is to ensure security of the missile base, airfield and space launch facilities. This makes these pictures extra special. Thanks for going to the extra trouble, John.

read complete comment thread

BULLSEYEB (A) (D) (O)

**Point Conception** 

2014-11-30 03:00 PM

Agreed! Great photos, John. Thank you again for taking us along for the ride. It is much appreciated!

read complete comment thread

COMMENT 573256P (A) (B) (A) (D)

Gluten-free Oatmeal

2014-11-30 03:00 PM

232 - and you have which statistics to back up your claim?

Or is just something you made up in your head, the same thing you are accusing others of doing? See the irony, pot-kettle-black.

"My opinion is the same as facts" even if there is nothing to corroborate your opinion.

Btw, google for gluten-sensitivity research. It is real.

read complete comment thread

ROGER DODGER A H N O

Structure Fre

2014-11-30 03:00 PM

Tell the fire department dispatcher that I only report what I hear.

read complete comment thread

COMMENT 573254 (A) (B) (O)

Google Car on Storke

2014-11-30 02:58 PM

Bing was in Lompoc last week, we followed him for a couple of blocks.

read complete comment thread

SLIPROCK9 (A) (B) (O)

Historic Christmas Trees on State

2014-11-30 02:57 PM

Of course, I remember the Christmas trees lining State St. in the 50's and 60's! It was such a treat to drive up and down State and enjoy them......

read complete comment thread

COMMENT 573252 (A) (B) (O)

Rollover Traffic Acident

2014-11-30 02:53 PM

Slick corners in that area when wet. Be careful

read complete comment thread

YIN YANG (A) (D) (O)

**Point Conception** 

2014-11-30 02:46 PM

+1. You are hugely appreciated, John W.

read complete comment thread

COMMENT 573250P (A) (1) (O)

Sunday Surf

2014-11-30 02:44 PM

Beautiful, what a pleasant change!

read complete comment thread

COMMENT 573249P (1) (1) (0)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 02:39 PM

Or else I just fell for a false post about K-9 SERVICES offering a free consult, which is nowhere mentioned in this press release/offer... Very fishy. -247

read complete comment thread

COMMENT 573248P (A) (B) (D) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 02:35 PM

SPECIALIZED K-9 SERVICES should buy a banner ad or at least subscribe. You don't see the people who were actually recommended in the barking thread posting, and Animal Inn is or recently was an advertiser. These people are riding on posters' coattails, and their site could use more information, or more easily accessed info, about their personnel.

read complete comment thread

COMMENT 573247P (A) (B) (D) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 02:31 PM

Another wonderful partnership. CARE 4 PAWS is an amazing, active, effective group. Thanks Isabelle! Haven't met you, Stephanie, but waved at you once thinking you were Jeff. Great to see the City so involved. This is good news all around.

read complete comment thread

COMMENT 573246P (A) (B) (D) (O)

Fire In Isla Vista

2014-11-30 02:29 PM

Spontaneous Tree Combustion, eh? lol

read complete comment thread

COMMENT 573245 (A) (B) (O)

Point Conception

2014-11-30 02:28 PM

Each one of these photos is Amazing! My favorite is the middle one with the surf splashing alongside. And it's such an appealing view of the lighthouse, seems almost miniature until you look at the expanse of the surrounding landscape. Thank you for showing us a perspective we'd never get otherwise:)

read complete comment thread

COMMENT 573243 (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 02:25 PM

232 - Placebo might be the case for some but I doubt it is for most.

For most people, a reduction in consumption of gluten-containing products likely equates to a reduced consumption of processed, refined carbohydrate-rich products.

A range of issues arise from regularly consuming processed or simple carbs. Candida and the blood sugar spike-crash cycle are just two that can significantly affect quality of life and health over the long term.

I think many folks who went gluten-free benefited from simple changes to their diet that enabled their body to function better. Gluten-intolerant or not, positive change is positive change and shouldn't be knocked or belittled.

read complete comment thread

COMMENT 573244 (A) (1) (V) (O)

Vehicle Crashes into Residence

2014-11-30 02:25 PM

i went to jr high / high school with capt. sadeki, he is one of the kindest most mellow human beings you would ever meet. Thank you david, billy roberts

read complete comment thread

COMMENT 573242 A + 0 0

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 02:22 PM

Thank you for offering this to the community. If the animals could speak they too would saw thanks for taking care of us!

read complete comment thread

COMMENT 573241P (1) (1) (1)

Cartoon Funnies

2014-11-30 02:20 PM

all the others were derivative/copied too. what's the point?

read complete comment thread

COMMENT 573240P (A) (B) (O)

Reasons to Date Someone from Santa ...

2014-11-30 02:19 PM

This BS reads like it was written by the Chamber of Commerce.

My family had always lived in New England. For health reasons, we had to find a new place to live in the mid 1960's. Our doctor said "find somewhere warm and dry"

We researched Tucson, got a color brochure from the Sunshine Climate Club full of pix of people playing tennis, cycling, on horses, jogging, etc. It began: "With a year-round average temperature of 72, Tucson is the ideal place to come, either to visit, or to move here permanently."

In October and March, we had daytime highs of hot as 100 degrees. From late December through early March, torrential rains with sub-freezing temperatures, so the roads would be full of pot-holes, and ice, making the morning drive a real adventure, believe me! Year round average temperature is arrived at by factoring in Summertime highs in the 125-135 Degree range, and Wintertime lows in the teens and 20's. Is that the kind of place you'd want to raise a family?

The rains caused horrendous flash floods - every Winter, a few humans would be swept away, or trapped in their cars, and drowned, along with dozens of pets and farm animals as well.

The dust storms (which we avoided by getting the hell out of that hell-hole six months after moving there) force the locals to breathe thick, choking silica dust, which after just a few exposures, can cause silicosis, a dread lung disease, that in many cases, leads to lung cancer.

SB is superior in so many ways, living here is like being in a sub-tropical paradise. However, dating local women? I'm laughing so hard I'm about to wet my Versace underpants.

read complete comment thread

COMMENT 573239P (A) (II) (II) (II) Reasons to Date Someone from Santa ... 2014-11-30 02:16 PM

211, that was quite clear if one clicked on the link, and even before. Thus I posted that it was simply PR. Lower your expectations of the Internet! :-)

read complete comment thread

COMMENT 573238P (1) (1) (0) **Trail Rescue**  2014-11-30 02:08 PM

The percentage of people saved by CPR is actually quite small, (although a motorcycle could carry a automatic defibrillator.) Not a horrible way to go... my condolences; he died doing something he liked.

read complete comment thread

REX OF SB (A) (B) (O)

Historic Christmas Trees on State

2014-11-30 02:07 PM

@206: Was it Bennett's Music Store or Bonnie Langley's? Bonnie Langley Music in the upper 700 block of State Street had a youth band that would march in parades, etc. I don't recall Bennett's doing that. I'm not saying it didn't, I just can't remember it.

read complete comment thread

COMMENT 573234 (A) (B) (V) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 02:02 PM

Also the first 40 people to call SPECIALIZED K-9 SERVICES 805-565-8942 will receive a free consultation for training SPECIALIZED K-9 SERVICES has been in business since 1998 & has a Certified Master Instructor

read complete comment thread

COMMENT 573231 (A) (1) (V) (O)

Reasons to Date Someone from Santa ...

2014-11-30 01:46 PM

I'm single and moved away because the dating life sucks.

read complete comment thread

COMMENT 573230 (A) (B) (O)

Here Comes The Rain...

2014-11-30 01:37 PM

Nice photo. Looks like your watermark is starting to sink.. nice effect.

read complete comment thread

COMMENT 573229P (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 01:35 PM

219 makes an important point: today's industrial, over-processed, GMO'd wheat "flour" isn't grandma's stuff. Compare European breads to ours and be astonished. U.S. corporate wheat has been engineered for profitability and convenience for big farmers and manufacturers, not consumer well being. Outfits like Bob's Red Mill (and smaller) seem better than brands of investor-centered mega-conglomerates like ADM or Con Agra that focus on the bottom line.

read complete comment thread

COMMENT 573228 (A) (H) (N) (O)

Lockable Curbside Mailboxes?

2014-11-30 01:32 PM

I drop off mail at a USPS box and pay for a post office box. In my opinion, everything else is a crap shoot ... A wedding gift card was stolen from the newlyweds mail box...that was enough for me!

read complete comment thread

COMMENT 573227 (A) (1) (O)

Santa Barbara in 1960 - Part 3

2014-11-30 01:30 PM

The Lincoln-Mercury Dealership on Lower State also sold the British Ford Cortina in the 1960's. Almost bought one there, but had misgivings about British electronics and bought a new Ford at Thompson-Fauskee instead

read complete comment thread

COMMENT 573226 (A) (B) (O)

**Beach Wedding Permit** 

2014-11-30 01:28 PM

I witnessed a great one at the Wilcox, Everyone dressed well, on a perfect 75 degree afternoon, right on the cliff. About 40 or so smiling people. I guess no tables is the limit....cool!

read complete comment thread

COMMENT 573225 (A) (B) (O)

Medical Emergency

2014-11-30 01:26 PM

11-44 = Coroner required

read complete comment thread

COMMENT 573224 (A) (B) (O)

Audi Repair

2014-11-30 01:25 PM

I only take my Volvo to Dave Scholl Automotive. He is a Volvo god!

read complete comment thread

COMMENT 573223 (A) (B) (O)

Volvo Certified Service Center

2014-11-30 01:23 PM

Dave Scholl is th only place to take your Volvo!!!

read complete comment thread

COMMENT 573222P (A) (B) (O)

Medical Emergency

2014-11-30 01:13 PM

3215 - duh! it is an explanation of the code for those who do not know, and there are many who do not know the codes, myself included.

read complete comment thread

COMMENT 573221P (1) (1) (0)

Gluten-free Oatmeal

2014-11-30 01:10 PM

213 - biggest anti-vaccination promoters - Alex Jones and Dr Mercola. You know who listens to them.

read complete comment thread

PETER A H O O

Lockable Curbside Mailboxes?

2014-11-30 01:10 PM

We are more concerned about mail left in the box for pickup being stolen. We understand that the mail carrier will not unlock a box to pick up mail. Only drop off mail into a box to be unlocked by the

The only alternative is drop off outgoing mail at a mailbox - not very convenient.

read complete comment thread

COMMENT 573219 (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 01:04 PM

Trader Joe's sells a pack of organic oatmeal with flaxseeds that I eat regularly. And, yes, oatmeal does not contain gluten.

Its a shame that wheat flour is an ingredient in so many prepared foods, knowing how many people are gluten intolerant. Also, the wheat that is bulk/commercially harvested today is very different to the real wheat of just a few decades back.

read complete comment thread

REX OF SB (A) (B) (O)

Santa Barbara in 1960 - Part 3

2014-11-30 12:42 PM

SBALAX: I thought SB Auto Group (Mercedes/Jag/BMW/etc.) sold Hyundais?

read complete comment thread

COMMENT 573216 (A) (H) (N) (O)

Overcharged at Arco

2014-11-30 12:22 PM

Thank you 920! There is way too much cancer & other illnesses being caused by all the plastics & chemicals we are OVER-EXPOSED to ! :(

read complete comment thread

COMMENT 573215 (A) (B) (O)

Medical Emergency

2014-11-30 12:13 PM

Wow! But what is "1144 dead"? Not just plain old "dead"?

read complete comment thread

BILLY GOODNICK (A) (B) (O) (O)

Fall Color, Santa Barbara Style

2014-11-30 12:10 PM

573126P - I call them "plant janitors." Good at keeping the yard neat and tidy. But that's not what I'm looking for in a garden. Given how many of them get paid for such work, I guess there are lots of people willing to pay the low bidder for that "look."

read complete comment thread

COMMENT 573212 (A) (H) (N) (O)

Fire In Isla Vista

2014-11-30 11:52 AM

Oh, "Isla Vista"! I always thought I.V. stood for Immature Vandals, or maybe Intra-Venous. Fun place for university "students" with little on their "minds."

read complete comment thread

ROGER DODGER A H O O

Rollover Traffic Acident

2014-11-30 11:46 AM

Roger over and out.

read complete comment thread

COMMENT 573211 (A) (1) (O)

knowledge. So I did some research ...

Reasons to Date Someone from Santa ... 2014-11-30 11:46 AM

This article reads like it was written by someone who doesn't live here but is pretending to have local

movoto dot com is an online real-estate brokerage company!

The author of the article, Spencer McKee, has written at least 20 articles like this one about different cities, errrr, should I say "real-estate markets". Just Google his name to see all his articles.

So you have to ask yourself ... what are the chances Spencer McKee is a local? He probably doesn't live here. At best, Movoto paid for McKee to visit Santa Barbara for a few days so he could "research" his article.

No street cred

read complete comment thread

ROGER DODGER A H N O

Rollover Traffic Acident

2014-11-30 11:45 AM

Cancel the balance of the assignment.

read complete comment thread

ROGER DODGER A H N O

Rollover Traffic Acident

2014-11-30 11:45 AM

Full Fire Response vehicle is on it's top..

read complete comment thread

COMMENT 573207 (A) (B) (O) Reasons to Date Someone from Santa ... 2014-11-30 11:41 AM No shortage of sugar babies looking for sugar daddies.

read complete comment thread

COMMENT 573206 (A) (B) (D) (O)

Historic Christmas Trees on State

2014-11-30 11:39 AM

We always went to the Christmas Parade when my brother and I were little. All friends and neighbors were there! One of he highlights was the Santa Claus float and magical fairy who lit each tree. "Elf's" would throw candy to us from the float.

When we got older both of us played musical instruments and were in the Parade thru Bennett's Music Store. So much fun back in the day. Wish the kids in SB could experience the town like we did. Bigger is not always better.

read complete comment thread

COMMENT 573205P (1) (1) (0)

**Barking Dog Tips** 

2014-11-30 11:37 AM

Wish the folks advertising their services here would subscribe to Edhat. Thank you.

read complete comment thread

COMMENT 573204P (1) (1) (1)

Gluten-free Oatmeal

2014-11-30 11:35 AM

When I have been diagnosed with something with which I am not familiar, it takes a while to get up to speed on everything about it. The fact that somebody is asking questions is a good thing. They are learning.

A long time ago, when I took my toddler to the doctor because of cold/flu symptoms. I was told that since it was a virus cold, there was no medicine to be prescribed. I had no clue on how to tell the difference.

You live, you learn. And those that try to lean, kudos to you.

And those that judge, take your holier-than-thou attitude to a subject you know little about.

read complete comment thread

COMMENT 573203 (A) (B) (A) (O) Gorgeous!

Here Comes The Rain...

2014-11-30 11:34 AM

read complete comment thread

COMMENT 573202 (A) (B) (O)

Santa Barbara in 1960 - Part 3

2014-11-30 11:33 AM

You can't overlook Thompson Fauskee Ford dealership in the first block of East Victoria Street or Butt's Buick at State and 101 (before the Cross town freeway undercrossing was built and took that property.

read complete comment thread

COMMENT 573201 (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 11:32 AM

A few days ago, KCRW's Warren Olney had an excellent program on gluten and celiac disease with an expert from Mayo Clinic, an author who has celiac disease, etc. You can search KCRW's online radio archive for that episode.

While celiac disease is genuine, only a very small percentage of people actually suffer from it (commonly those with European ancestry). For the rest of us, it's not a problem except that we're targets for the next marketing diet fad.

read complete comment thread

COMMENT 573200P (A) (B) (O)

Reasons to Date Someone from Santa ...

2014-11-30 11:29 AM

I have been married the whole duration of my life in Santa Barbara, so I have no first-hand experience. All I know is that my single 50 something women friends tell me that the men their age always go for a younger woman.

read complete comment thread

COMMENT 573197P 4 4 0 1 No Pressons to Date Someone from Santa ... 2014-11-30 11:06 AM

The day I became single, I left Santa Barbara. Greener pastures elsewhere.

read complete comment thread

COMMENT 573196 4 1 0 O Gluten-free Oatmeal 2014-11-30 11:03 AM

Gluten free oatmeal can be purchased at virtually any grocery store anywhere due to the fact that oats do not contain gluten.

read complete comment thread

Bulk bins at Tri Counties

read complete comment thread

My dad had a Bird of Paradise planted in our front garden. He found a dead stray cat in the planter one weekend and decided to "plant" it under the Bird of Paradise... the blooms after that were huge and beautiful. Waste-not want-not...

read complete comment thread

COMMENT 573193 4 1 0 Santa Ynez Valley Cell Carrier 2014-11-30 10:53 AM

Definitely Verizon!

read complete comment thread

ummm. there's no surf. shoulda been here yesterday, mate.

read complete comment thread

I think a PO Box or private mail service is your best bet for safety.

read complete comment thread

COMMENT 573189 🐧 🐧 🐧 🐧 Vehicle Crashes into Residence 2014-11-30 10:41 AM

Drove by this morning, definitely some serious damage to the house. The car didn't break through the wall, but it did push the wall in quite a bit.

read complete comment thread

COMMENT 573188 4 10 0 Fire In Isla Vista 2014-11-30 10:24 AM

dramatic picts. Thanks. Good reminder for those of us loading xmas trees into our homes this weekend. Be careful.

read complete comment thread

SBALAX (A) (B) (D) O Santa Barbara in 1960 - Part 3 2014-11-30 10:22 AM

No Hyundai dealer, either.

Their quality and price converted me from a long line of Hondas.

read complete comment thread

COMMENT 573186 4 1 0 O Gluten-free Oatmeal 2014-11-30 10:17 AM

Oats do not contain gluten, but many are processed in the same facilities that process glutencontaining grains, leading to a possibility of cross-contamination.

read complete comment thread

ZENYATTA19 (a) (b) (b) (c) Barking Dog Tips 2014-11-30 10:16 AM

I would start with a trip to you veterinarian for an exam and full blood panel to rule out potential health issues. If results are normal then ask your vet for a referral to a behavioral specialist. Constant barking is not only annoying to you and those around you it is very distressing for the dog. It may be time to talk to your vet about behavioral medication to calm the situation. Good luck.

read complete comment thread

COMMENT 573183 4 5 0 0 Sunday Surf 2014-11-30 10:15 AM

Thanks for the pics. I really love this weather!

read complete comment thread

According to the University of Chicago Celiac Disease Center, oats are not related to gluten-

containing grains like wheat, rye, or barley, and therefore do not contain gluten at all. They have proteins called avenins that do not bother celiac patients.

Therefore, the only risks oats present to those who truly are gluten intolerant are (a) the possibility that oats might be processed by the same machinery used on wheat, barley, and rye, or (b) gut upset caused by an increase in fiber provided by oats.

read complete comment thread

COMMENT 573182 (A) (II) (IV)

Barking Dog Tips

2014-11-30 10:13 AM

Hi, my name is Ronit Corry and I am a Dog Whisperer here in SB. I would be happy to help! My email is ronit@worldshare.net. All the best.

read complete comment thread

COMMENT 573181 (A) (II) (II) (II)

Gluten-free Oatmeal

2014-11-30 10:09 AM

Oats are not related to gluten-containing grains such as wheat, barley and rye. They don't contain gluten, but rather proteins called avenins that are non-toxic and tolerated by most celiacs (perhaps less than 1% of celiac patients show a reaction to a large amount of oats in their diets).

read complete comment thread

COMMENT 573180P (A) (1) (0)

Lockable Curbside Mailboxes?

2014-11-30 10:07 AM

@142 - Lifelock isn't allowed to put alerts or fraud holds with your credit reporting agencies anymore... I think it's been a few years for that new rule.

I just put mine on alert by going online and doing it. I experienced the nightmare of credit card fraud and identity theft back in 2007. I will list some of the things that need to be done....

\*Notify all your banks and put special security password on each account. \*Put a very low \$\$\$ limit on ATM withdrawals.

\*Do not use Debit Card for purchases. \*Set up email or phone, notification if any transfer or withdrawal exceeds a certain amount. for bank accounts. \*File a Police Report. \*Get a copy of your credit report, which will show any new activity or changes in information, such as your address or name. \*Notify the credit reporting agencies that your want a block, which make any new credit card application call you for confirmation. \*Carefully look over your bills to make sure charges are correct. \*Get rid of old credit cards that you no longer use. \*Do not remove the activation sticker on the credit card. It makes it look like the card has not been activated, if stolen. Good luck - these are just a few of my suggestions, from having gone thru it.

read complete comment thread

COMMENT 573179 (A) (B) (O)

**Beach Wedding Permit** 

2014-11-30 09:57 AM

You also need a permit to take your wedding photos on the beach. Lame but true, And they will bust you and make you leave if you don't have one.

read complete comment thread

COMMENT 573178 (A) (II) (IV)

Parade of Lights

2014-11-30 09:56 AM

I'd also like to know a couple of good viewing options. I think Steams Wharf would be really crowded, ditto the breakwater. Are beaches a good option and if so which one? Wondering which way the boats turn when they leave the harbor...that might help point me in the right direction for a view spot.

read complete comment thread

COMMENT 573177P (A) (B) (O)

Lockable Curbside Mailboxes?

2014-11-30 09:54 AM

Just drive around the neighborhoods and check out the mailboxes. Talk with your letter carrier about the best ones. I think they will need to come out and install their special lock, so the letter carrier can deliver your mail. You can also get a larger locking parcel locker next to your regular mailbox.

The mail box at 826 De La Vina, (across from where the restaurant DeVine" used to be), is large and locking.

@139 - great suggestion.... searching the internet is the best way.

read complete comment thread

CAPTAIN HALEY (A) (B) (O)

Lockable Curbside Mailboxes?

2014-11-30 09:49 AM

If you want to be sure your mail is secure, a post office box is your best bet.

read complete comment thread

COMMENT 573175 (A) (B) (O)

Lockable Curbside Mailboxes?

2014-11-30 09:41 AM

Unfortunately, Medicare patients also need to provide their SSN for medical services.

read complete comment thread

COMMENT 573174P (A) (1) (0) (0)

Fire In Isla Vista

2014-11-30 09:39 AM

Fire just "broke out?"

read complete comment thread

JBYRD (A) (B) (O)

Santa Ynez Valley Cell Carrier

2014-11-30 09:31 AM

Verizon for sure, solid 4g service pretty much everywhere.

read complete comment thread

COMMENT 573172P (A) (B) (O) Reasons to Date Someone from Santa ... 2014-11-30 09:29 AM gold diggers and players tend to live where the gold and play is, correct?

So it is obviously working for many. (i.e. finding gold where you dig and "willing" players to "play" with

read complete comment thread

COMMENT 573171 (A) (B) (O)

Gluten-free Oatmeal

2014-11-30 09:25 AM

Trader joes has a bag of GF oats that's a reasonable price. My daughter has a gluten allergy and I still give her the Quaker old fashioned oats because from the research I've done there is very little if any gluten in them. If someone has celiac disease that probably wouldn't be a good Idea though.

read complete comment thread

REX OF SB (A) (B) (O)

Historic Christmas Trees on State

2014-11-30 09:23 AM

FLICKA: I don't remember the Christmas Fairy, but I'm really sorry to see the demise of one Christmas tradition we had for decades-the lighting of the official City Christmas Tree at Chapala & W. Carrillo.

Then, as now, members of the Electricians Union and city workers put up the white lights on the huge pine-the "Tree of Light" - outside of the YMCA (now Ralphs supermarket). But years ago, a disabled child was chosen in advance from the Parma School, which was a school for handicapped kids. On Thanksgiving day, a city PD officer would hold the kid up to pull the switch that lit the tree. A picture of the happy event was printed on the first page of the News-Press the following day and everyone was happy.

I don't know when or why the tradition stopped. And even though the tree is still lit up after Thanksgiving, there is no ceremony. Somewhere along the way, the city even stopped referring to it as the Community Christmas Tree, bestowing that honor instead to the much lesser tree in the middle of the street at State & Victoria.

It would really be nice if the Downtown Organization or Chamber of Commerce or SOMEONE could resurrect the tree-lighting ceremny of old at the Tree of Light. Maybe a Tree Fairy could be appointed to the task.

read complete comment thread

COMMENT 573169 (A) (B) (O)

Cartoon Funnies

2014-11-30 09:23 AM

C'mon now, it's a re-telling of a joke. It's a teaser; an introduction to a local illustrator who's giving out free samples. Kinda like what you get at Costco.

read complete comment thread

COMMENT 573168 (A) (B) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 09:18 AM

Thank you very much — but I am afraid that most of those needing that free service are not likely to look online. I hope there's outreach to the lower east (where I live) and the west side!

read complete comment thread

COMMENT 573167 (1) (1) (0)

**Beach Wedding Permit** 

2014-11-30 09:10 AM

Who would break up such a happy event? Unless.... you aren't Kim Kardashian are you?

read complete comment thread

KINDNESSMATTERS (A) (B) (V) (O)

SBPD AC And CARE4Paws PSA Campaign

2014-11-30 09:10 AM

Thank you SBPD AC and CARE4Paws for offering this to our community.

read complete comment thread

COMMENT 573165 (A) (B) (O)

Fire In Isla Vista

2014-11-30 09:07 AM

Bootleg fireworks?

read complete comment thread

ROGER DODGER A H N O

Vehicle Crashes into Residence

2014-11-30 09:07 AM

Like I said sounds like they were there to score... have known of your quality human heings leaving the scene of accidents too I hear them everyday on the scanner. Residents of Hope Ranch, Mission Canyon, Montecito maybe I should start printing what areas they live in.

read complete comment thread

COMMENT 573162 (A) (B) (O)

Barking Dog Tips

2014-11-30 08:53 AM

As a recent graduate of ABC Dog obedience school, the barking as you describe it sounds like Fearful alarm barking, but there are 6 different reasons for barking. There are many things that can be done to try and alleviate this problem which I can't go over in this forum. See a vet is also a good idea. Call me if you want 805 680 3530. Excited play alert, Fearful, Dominance, Territorial, Boredom, and Learned barking are the different categories of barking. Best wishes!

read complete comment thread

COMMENT 573161 (A) (B) (D) (O)

**Beach Wedding Permit** 

2014-11-30 08:44 AM

Advised? So you can have large groups of college students wirh blaring music, kids screaming, but you cant have a simple wedding? Dont worry the municipalities will catch on. Can you say "adventure pass"?

read complete comment thread

COMMENT 573160 (A) (B) (Q) (O)

Police Practice

2014-11-30 08:34 AM

I don't know if skid pad training should be mandatory, but I DO think it would nice if such a driving class would be offered to the general public.

I think it would also be nice if the firing range would be opened up to the general public since there's no public firearms shooting area within 20 miles of Lompoc, and the general public IS on the hook to pay of the \$37 million in bonds that built the "Public Safety" complex.

But I seriously doubt either of those things will ever happen - although we pretend the Hancock training area is for all first responders, it's pretty obvious that law enforcement agencies actually run the show out there, and to them, the general public is the "enemy".

read complete comment thread

COMMENT 573159 (A) (B) (O)

Barking Dog Tips

2014-11-30 08:32 AM

SPECIALIZED K-9 SERVICES 805-565-8942 Certified Master Instructor

read complete comment thread

COMMENT 573158 (A) (H) (N) (O)

Vehicle Crashes into Residence

2014-11-30 08:27 AM

The news release says occupants of both vehicles fled the scene. That's when you know you're dealing with high quality human beings.

read complete comment thread

COMMENT 573157 (A) (B) (D) (O)

Vehicle Theft

2014-11-30 08:26 AM

Mine got stolen out of my Toyota Pickup in my San Roque neighborhood (right underneath a streetlight, no less!) about a year ago. \$400. The muffler guy said they come in waves, crooks come from LA or Bakersfield and work SB for a few weeks, then leave.

read complete comment thread

COMMENT 573156 (A) (B) (O)

Barking Dog Tips

2014-11-30 08:07 AM

There is a "dog whisperer" in town with an unusual name which I can't recall...she has had great success with the dogs of three of my friends. Edhatters, can someone help me with her name? She's a real miracle worker

read complete comment thread

FLICKA (A) (B) (O)

Historic Christmas Trees on State

2014-11-30 08:06 AM

For the Christmas parade a little girl was chosen to be the Christmas Fairy and ride high on a float with Santa. When they approached a tree she would wave her wand and the tree would light up. Any Fairy out there who remembers doing this?

read complete comment thread

COMMENT 573154P (A) (1) (O)

Lockable Curbside Mailboxes?

2014-11-30 07:58 AM

I have used mailbox.com for a couple of remodels and have found their products to be very sturdy and reasonably priced. I know they have a variety of locking mailboxes available.

read complete comment thread

COMMENT 573153P (A) (1) (V) (O)

Google Car on Storke

2014-11-30 07:52 AM

140 I agree. I've traveled the world with Google earth. I'm not housebound, but I can imagine it's a real gift for those who are.

read complete comment thread

FLICKA (A) (I) (I) (I)

**Bailey** 

2014-11-30 07:50 AM

Absolutely darling!!

read complete comment thread

COMMENT 573150P (A) (B) (O)

Reasons to Date Someone from Santa ...

2014-11-30 07:49 AM

Santa Barbara area seems to have a higher incidence of suicide and substance abuse - maybe in part because of higher expectations of happiness and romance.

read complete comment thread

FLICKA (1) (1) (1)

Rogue and Archer

2014-11-30 07:49 AM

Darling kitties. We have 2 black ones. One came from ASAP at 4 months old, our Vet just checked her chart and said she's 19 and 8 months. I'd been saying she is 18 for quite some time!! Healthy old gal!!

read complete comment thread

COMMENT 573149 🛭 🖰 🔾 🧿

Santa Ynez Valley Cell Carrier

2014-11-30 07:46 AM

Yep, I confirm Verizon. I think they put up a new tower in the last year or so over here by Nielson's and the hospital. This used to be a notorious dead-zone, but now I can text my wife from inside the store to find out what I forgot \*before\* I get home.

read complete comment thread

FLICKA (A) (1) (O)

Reasons to Date Someone from Santa ...

2014-11-30 07:45 AM

I think it's just meant for fun!! Everyone is too serious here.

read complete comment thread

COMMENT 573147 A (1) (1) (0)

Historic Christmas Trees on State

2014-11-30 07:45 AM

I remember them well. State Street was 4 lanes and there was enough room for most driver to get by them. I was on the police Department at the time and the Public Works guys would install them late at night in the middle of each block. We patrol officer had a pool everyone paid into and each officer picked a date and approximate time that one of the conical bases of these trees would be hit by someone. (We did the same thing for the first rain storm of the season and the first accident occurring once the rain started to fall) Other than a slight traffic hazard the trees were very beautiful and created a very "Christmas" atmosphere downtown in the shopping district and no one considered suing the City to change the name to "Holiday trees" either!

read complete comment thread

OUFFNDI (A) (B) (A) (O)

Thanksgiving Thoughts

2014-11-30 07:39 AM

Great Poem... really captures the spirit.

read complete comment thread

COMMENT 573145 🙆 🕕 🛈 🧿

Structure Fre

2014-11-30 07:34 AM

900 block of Cheltenham is not really very close to Foothill and Alamar.

read complete comment thread

COMMENT 573144 (A) (B) (A) (O)

Police Practice

2014-11-30 07:31 AM

It is the high speed driving course and also the "skid pan" for the Police academy operated through Hancock College. It is to develop better driving skills at high speed for law enforcement and emergency vehicle operators and to operate in conditions in which your vehicle might under go a loss of traction (i.e. a skid). Frankly, although we never get ice and snow here on the roads, we do get rain (heavy at times). The skid pan should be something that all drivers must take. Perhaps for a fee, significant to cover any liability, the cost of the training car and the instructor, it should be open to drivers voluntarily desiring to improve their driving skills and learn to deal with a vehicle that loses traction.

read complete comment thread

REX OF SB 4 1 0 0

<u>Historic Christmas Trees on State</u>

2014-11-30 07:28 AM

SHARE: Oh, I was "there" alright. Probably far more so than my contemporaries. While my peers were growing their hair long, burning draft cards and "liberating" their minds with recreational drugs, I sported a buzzcut, publicly cheered US intervention in Vietnam, and never ingested anything stronger than Bacardi & Coke. I am now retrospectively horrified that I actually put a Goldwater bumper sticker on my car—and I wasn't even old enough to vote!

Re: Nordstrom et al. backing an effort to bring the State Street Christmas trees back: Unfortunately, since the street is now two lanes instead of four, that can never happen. Which is really too bad. Although in today's litigious society, I'm sure a drunken motorist would sue the city if (s)he ran into one of the trees.

read complete comment thread

COMMENT 573142 (A) (B) (Q) (O)

Lockable Curbside Mailboxes?

2014-11-30 07:26 AM

Just call each of the three credit agencies and put your accounts on fraud holds. They're free and

easy and it will require than any issuance of any credit or any change at all to your accounts be confirmed by you over the phone and/or by mail.

Takes less than 10min and will save you from anyone gaining credit under your ID

No need for any paid service such as Lifelock since this is a big part of what they do... just make the phone calls and dont not use your SSN for anything at all. Nothing at all. Never ever give it to a doctor's office or a local agency, never give it to anyone for any reason unless that agency or company has a clear policy for privacy and a punitive penalty for violation.

The only agency that is allowed to ask and use your SSN is the IRS.

read complete comment thread

COMMENT 573141 (A) (B) (O)

Santa Barbara in 1960 - Part 3

2014-11-30 07:16 AM

Don't forget Emilios. (Euopean car dealership) He used to import good condition "previously owned " Mercedes and Porsches". His dealership was where the Fess Parker Hostel has been languishing uncompleted at State, just below Montecito. I bought a 1969 model 912 from him in 1970 and drove it for years. then my oldest son drove it in high school for 3 years. It was still going strong when it burned up in the Painted Cave fire in 1990.

read complete comment thread

COMMENT 573140 (A) (B) (O)

Google Car on Storke

2014-11-30 07:14 AM

I think it's cool how you can look around at old places in ones life or childhood like an old house or school in some distant city or state you may never visit.

read complete comment thread

COMMENT 573139 (A) (B) (O)

Lockable Curbside Mailboxes?

2014-11-30 07:02 AM

Go online and search "lockable mail box" and you will find many package capable units but their cost is > \$200.00.

read complete comment thread

ROGER DODGER A H N O

Vehicle Crashes into Residence

2014-11-30 06:58 AM

I love that place rather live in the slums with the people than a mansion..Did not see that on Twitter must have come later. They had trouble finding the drivers of both vehicles I think one might have been there to score

read complete comment thread

COMMENT 573137 (A) (1) (0) (0)

Trail Rescue

2014-11-30 06:45 AM

Why the county/city does not have or use motorcycles (dirt bikes) to get to these rescues truly baffles

Any decent rider could ride up any of our front country trails and reach people in minutes rather than hours... Get a couple of dirt bikes, a few racks to hold the gear and send them up. They can administer first-aide and probably save a life or two while the rest of the gang walks, drives or hikes the trail.

Forget the helicopters, get people on the ground.

read complete comment thread

ANDY (1) (1) (1)

Google Car on Storke

2014-11-30 06:44 AM

1984

read complete comment thread

COMMENT 573135 (A) (B) (O)

Reasons to Date Someone from Santa ...

2014-11-30 06:30 AM

091, ha!! agree 093, annoying drivel, no substance. Who comes up with this?

read complete comment thread

COMMENT 573134 (A) (B) (O)

Thanksgiving Thoughts

2014-11-30 06:24 AM

Lovely Thank you

read complete comment thread

SANDYINSB (A) (I) (I) (O)

Barking Dog Tips

2014-11-30 06:13 AM

Your situation takes me back to my last dog who also started displaying some weird behavior. She barked and became very anxious. She'd stand and pant, then pace back and forth like a caged tiger. Over a 2 month period I took her to 4 different vets here in Santa Barbara. Two vets prescribed Prozac - which just made her loopy. I took her to 2 trainers, and while they focused on her and she on them, she was just fine. Finally - one day we were in the front yard; she was off leash, and when I called her she didn't respond. I walked up behind her and tapped her, and she finally turned around. It turns out she had just gone deaf, and she just didn't know what was going on. Fortunately I had taught her hand signals to accompany verbal commands. There was an adjustment period and she did settle down. Once I figured out that she couldn't hear me - I made adjustments too, like giving

command where she into any more torture			ogs hearing, eyesight, etc. before you get
into any more torture	ous devices. Jus	t a suggestion.	read complete comment thread
feel comfortable, bu	the dog's head t since they nee	d to raise their head up	2014-11-30 12:13 AM able to bark. They can still eat, drink and in order to bark, they won't be able to also attached to the neck.
			read complete comment thread
	al videos for get	Barking Dog Tips ting dogs to stop barkin aesar Millan (psycholog	2014-11-30 12:10 AM ng. I like a combo of Zack George (uses and other)
Below is the link for https://www.youtube		OFZ003dY8cU	
			read complete comment thread
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